

FREE FAMILY RESOURCE

Hospital Discharge Checklist

A practical checklist for families preparing for a safe transition after hospitalization.

Before Leaving

- ☐ Ask for the written discharge summary
- ☐ Review the diagnosis and reason for hospitalization
- ☐ Confirm who to call with questions after discharge
- ☐ Confirm transportation and where the patient is going

Medication Safety

- ☐ Review every medication change
- ☐ Remove discontinued medications at home
- ☐ Confirm prescriptions are filled before arrival home
- ☐ Set up pill box or medication reminders

Follow-Up Care

- ☐ Schedule primary care follow-up
- ☐ Schedule specialist visits
- ☐ Confirm home health or therapy orders
- ☐ Know warning signs that require urgent help

Home Safety

- ☐ Clear walkways and remove throw rugs
- ☐ Check bathroom safety and lighting
- ☐ Confirm safe access to bedroom and toilet
- ☐ Decide whether home care or supervision is needed

Free local senior care guidance for families

Questions about home care, assisted living, memory care, or care transitions? Contact Dave Hood | 508-965-0989 | caregiverbinder.net

Educational resource only. Not medical, legal, financial, or emergency advice.